

Subject: Physical Education

Head of Faculty: Miss Wild

GCSE

Exam Board:
Edexcel

Course Description

The GCSE covers a broad range of practical activities and theory topics relating to the world of sport and fitness. It equips pupils not only with sports skills and knowledge but the skills to evaluate the importance and relevance of a healthy, active lifestyle.

Practical activities studied come from traditional sports of football, rugby, netball, table tennis and volleyball to fitness activities including step aerobics and circuit training, trampolining and off-site sports such as climbing.

Theory topics are studied from two areas - Healthy, active lifestyles and Your healthy, active body. They focus on exercise and fitness, training, health and wellbeing and the body systems.

There is a coursework element to GCSE Physical Education which expects pupils to plan, perform and evaluate a Personal Exercise Plan and an Analysis of Performance in a specific sport.



Assessment

Unit 1 Theory of Physical Education

Written Examination

May of Year 11 - 40% of final mark

Unit 2 Performance in Physical Education

Practical Moderation

April of Year 11 - 50% of final mark

PEP and AoP Moderation

April of Year 11 - 10% of final mark

Subject Teachers

Miss Wild (Head of Faculty)

Mr Whiteside

Mr Mawn

Mr McKie

Mrs Stuart

Higher Education Courses/Careers

Sixth Form: GCE A Level Physical Education
BTEC level 2 Sport
BTEC level 3 Sport

Physical Education can be studied with a variety of other subjects at university.

Careers where this course may be useful are teaching, coaching, youth and community work, sports journalism, physiotherapy, sports scientist, sport and leisure managers, fitness consultants, nutrition and sports performance analysis.

2014	48% A*-C
2013	38% A*-C

Recent Results