



Saint Paul's Catholic High School

17th January 2018

Winter PE Kit Recommendations

Dear Parent/Carer

I am writing to you today to express our concern as a PE department, and to ask for your continued support in ensuring your child is appropriately clothed for Outdoor PE lessons during this time. The weather is particularly cold and wintery between November and February, yet we are still seeing a number of students who are continuing to wear just their shorts and t-shirt whilst outside for PE lessons.

As a PE department, although we encourage students every lesson to dress for winter conditions, we wanted to highlight to parents and carers what is acceptable for their PE lessons.

Currently, the correct Saint Paul's PE kit includes three essential items as follows:-

- Black polo shirt (school logo)
- Black shorts (school logo)
- Trainers

In addition, we recommend that students purchase the following items for outdoor lessons:-

- Black sweatshirt or hooded sweatshirt (NO logos)

At this present time, during the winter months, the PE staff are continually speaking to students and encouraging them to layer up and recommend the following items to ensure that they stay as warm and dry as possible:-

- Black or white long sleeved t-shirt (to wear under their polo shirt)
- Black leggings (to wear under their shorts)
- Black tracksuit trousers
- Black sports jacket/rain jacket
- Gloves and/or woolly hat

Please be aware that even if a student is excused with a note due to an injury or illness, they are still expected to bring and wear correct PE kit, so that they can participate as a Sports Leader in the lesson. Wherever possible, PE staff will try to accommodate students indoors during illness or injury, however this is not always possible.

Yours sincerely

Miss Wild – Head of Physical Education

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Journeying together with Jesus Christ, we learn to love and love to learn.

