

## **PPE Revision List**

**January 2017**

- a. Nutrients- functions and sources
- b. Fat and oils
- c. Electrical equipment
- d. Cakes
- e. Organic Foods
- f. Breakfast and breakfast products
- g. Food safety/ poisoning
- h. Bread- the science of bread making
- i. Food Safety- during cooking
- j. Food Hygiene- handling before, during and after cooking.
- k. Obesity