



# Saint Paul's Catholic High School

16<sup>th</sup> November 2018

Dear Parent/Carer

## Medical Diets in School

If your child has a food allergy or intolerance, Manchester Fayre, our school meal provider, can cater for such medical diets. To ensure the medical diet is appropriately managed in school, details of the dietary requirements must be provided in writing from a health professional, for example a GP, Paediatrician, Allergy Specialist, or Dietitian. This information is needed to plan an appropriate school lunch menu for your child, and avoid the unnecessary exclusion of foods from your child's diet. The information will also support the school with planning other food related activities that may take place during the school day. Without the written medical confirmation Manchester Fayre cannot guarantee that an appropriate school lunch will be provided for your child.

If your child has a medical dietary requirement, in the first instance please notify school, and ensure your request is supported with written confirmation from the relevant health professional. Your child's dietary information will be shared with the catering team, who with the support of their nutritionist will plan an appropriate menu. Where required, Manchester Fayre will also provide additional training and guidance to the catering team to ensure suitable meals for the medical diet are prepared.

Manchester Fayre provide a varied menu with choices suitable for vegetarians and cultural requirements and also meets nutritional standards.

If you require any further information please contact:

**Louise McErlain, Nutritionist**  
**Manchester Fayre**  
**0161 234 5823**  
[l.mcerlain@manchester.gov.uk](mailto:l.mcerlain@manchester.gov.uk)

Yours faithfully

Michelle Shields  
Student support & SEN

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Mr A.Hren, Headteacher.



**Journeying together with Jesus Christ, we learn to love and love to learn.**

