



Saint Paul's Catholic High School



July 2025

Physical Education Kit Expectation and Standards

Dear Parents/Carers,

I hope this letter finds you well. PE is a vital part of the national curriculum to ensure our students lead healthy, active lives. So that all students can fully engage with and benefit from these lessons, they must come prepared with the correct kit for every session. We greatly appreciate the support parents and carers already provide in helping students be prepared for their PE lessons. We would like to thank you in advance for your continued commitment in supporting our standards and expectations.

Why students must bring PE kit to every lesson

There may be occasions when your child feels unwell or has a minor injury that prevents full participation in PE. However, the national curriculum allows students to continue to take part in their lessons but in a different role than merely a performer. We kindly ask that they still bring their kit to these lessons.

This ensures they can:

1. Stay Involved: Participate in non-physical roles such as officiating or scoring, enhancing their understanding of PE.
2. Promote Hygiene: Changing into the PE kit prevents discomfort caused by perspiration in their regular uniform.
3. Protect the Uniform: PE lessons are sometimes outside in the rain and other inclement conditions. Wearing their PE kit ensures students can change into clean and dry clothes afterwards.

If your child has a medical condition or injury, we kindly ask you to provide a written note, medical certificate detailing the issue or an email to the main office on mainoffice@st-paulshigh.net at the beginning of the school day so we can support them appropriately during lessons. Messages sent on mobile phones to students will not be accepted for safeguarding reasons. These students will still be expected to take part in lesson, but their learning will be adapted (not physical in nature).

BELONG BELIEVE ACHIEVE

Saint Paul's Catholic High School
Firbank Road, Newall Green, Wythenshawe, Manchester M23 2YS.
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Mr M. Whiteside, Headteacher.

We are His body, living and learning as one.





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Behaviour and sanctions regarding PE kit

While we understand occasional forgetfulness, repeated failure to bring the correct kit impacts learning for all. Spare kits are available to support accessing the lesson when a student forgets; these are clean and well-maintained.

To address this:

- If a student forgets their PE kit, we will provide them with a spare to ensure they can still take part in the lesson. On the first occasion, this triggers a warning with no sanction. Parents will be made aware via your child's behaviour incidents on Arbor.
- Where there are ongoing concerns or patterns regarding PE kit and participation, PE staff will call to discuss possible reasons for the lack of participation with parents/carers. We appreciate your cooperation in reinforcing these expectations at home.
- If this issue persists, we will stop providing spare kit and follow the school's behaviour policy.
- If a student refuses to wear the spare PE kit, adhering to the school behaviour policy, they will go through the process of C1, C2 and C3. This will result in a restorative conversation that evening with the class teacher. Parents will be made aware via your child's behaviour incidents on Arbor.

Should you have any questions or concerns, please do not hesitate to contact the PE department. Thank you for your continued support.

Yours sincerely

Mr D Mawn

Head of PE

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